Starting on 8/1/2017, **One Touch** by Johnson and Johnson (J&J) will be the preferred covered blood glucose meters and test strips for University of Maryland Health Partners (UMHP) members. You will not have to obtain a Prior Authorization for these meters and strips. The test strips will have a quantity limit of 200 strips every 30 days.

The Abbott Freestyle blood glucose meters and test strips will no longer be the preferred meters and strips after 7/30/2017.

**If you are a member…**
- You should discuss with your provider which is the best meter for you. There are five (5) different meters available. Here is a chart to compare the different One Touch meters.

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**Features of the OneTouch® blood glucose meter portfolio**

<table>
<thead>
<tr>
<th>ColorSure™ technology</th>
<th>Easy to Use</th>
<th>Meal Flagging</th>
<th>Test Strip Compatibility</th>
<th>Languages</th>
<th>Testing Illumination</th>
<th>Memory (blood glucose and control solution results)</th>
<th>Battery</th>
<th>Minimum Blood Sample Size (μL)</th>
<th>Test Time (Seconds)</th>
<th>Coding</th>
<th>Bluetooth*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shows if results are in or out of range</td>
<td>Shows if results are in or out of range</td>
<td>Notifications for repeated highs and lows</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>CR2032 coin cell</td>
<td>0.4 μL</td>
<td>5</td>
<td>No code required</td>
<td>Yes</td>
</tr>
<tr>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>English and Spanish</td>
<td>No</td>
<td>500</td>
<td>Two replaceable AAA alkaline batteries</td>
<td>0.4 μL</td>
<td>5</td>
<td>No code required</td>
<td>No</td>
</tr>
<tr>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>English and Spanish</td>
<td>No</td>
<td>500</td>
<td>One rechargeable 3.7-volt lithium polymer battery</td>
<td>0.4 μL</td>
<td>5</td>
<td>No code required</td>
<td>No</td>
</tr>
<tr>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
<td>English and Spanish</td>
<td>No</td>
<td>500</td>
<td>One 3.0-volt D.C., 60mA one CR2032 battery</td>
<td>1.0 μL</td>
<td>5</td>
<td>Single code</td>
<td>Single code</td>
</tr>
<tr>
<td>OneTouch Verio® meter</td>
<td>OneTouch Verio® meter</td>
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<td>Single code</td>
</tr>
</tbody>
</table>

**Universal** = Meter results displayed in numbers that can be understood across languages.

*This does not represent complete meter-specification information.
*The “One Touch” word mark and logos are registered trademarks owned by Johnson and Johnson. Other trademarks and trade names are those of their respective owners.
*Visit OneTouch.com for OneTouch Reveal® mobile app compatibility details.
- You will need new prescriptions for the One Touch meter and test strips.
- To get your new One Touch meter and test strips you can…
  1) Have your Provider contact your pharmacy with new prescription(s) for the One Touch meter and/or test strips. The pharmacy will hold them until 8/1/17.
  2) Take the prescription(s) to the pharmacy to have them filled on or after 8/1/17: or
  3) Call CVS Caremark Diabetic Meter Program at 800-588-4456
     a. You will need to tell the representative which meter has been prescribed. This program will ship a meter kit directly to you once they confirm you have a matching test strip prescription at the pharmacy (even if it is on "hold”).

- The J&J meters and their test strips are listed below:

<table>
<thead>
<tr>
<th>One Touch Meter Name</th>
<th>Test Strips</th>
<th>Connectivity*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verio</td>
<td>Verio</td>
<td>USB</td>
</tr>
<tr>
<td>Verio IQ</td>
<td>Verio</td>
<td>USB</td>
</tr>
<tr>
<td>Verio Flex</td>
<td>Verio</td>
<td>USB and Bluetooth</td>
</tr>
<tr>
<td>Ultra2</td>
<td>Ultra</td>
<td></td>
</tr>
<tr>
<td>Ultra Mini</td>
<td>Ultra</td>
<td></td>
</tr>
</tbody>
</table>

*Available free applications (apps) include One Touch Reveal Mobile and WellDoc/BlueStar.

More info on One Touch Reveal app at [https://www.onetouch.ca/revealapp](https://www.onetouch.ca/revealapp)
More info on WellDoc/Bluestar app at [https://www2.bluestardiabetes.com](https://www2.bluestardiabetes.com)

**Important Reminders…**
- After 7/30/2017, more than 200 test strips per month will require Prior Authorization
- As always, you will have a zero ($0) copay for any One Touch meter and strips
- If you have any difficulty using your meter or strips, call us at 1-800-730-8530 and ask for a Nurse Case Manager