

Starting on 8/1/2017, **One Touch** by Johnson and Johnson (J&J) will be the preferred covered blood glucose meters and test strips for University of Maryland Health Partners (UMHP) members. You will not have to obtain a Prior Authorization for these meters and strips. The test strips will have a quantity limit of 200 strips every 30 days.

The Abbott Freestyle blood glucose meters and test strips will no longer be the preferred meters and strips after 7/30/2017.

### If you are a member...

- You should discuss with your provider which is the best meter for you. There are five (5) different meters available. Here is a chart to compare the different One Touch meters.

## Features of the OneTouch® blood glucose meter portfolio



<b>ColorSure™ technology</b>	Shows if results are in or out of range	Shows if results are in or out of range	Notifications for repeated highs and lows	No	No
<b>Easy to Use</b>	Yes	Yes	Yes	Yes	Yes
<b>Meal Flagging</b>	When paired with the OneTouch Reveal® mobile app	No	Yes	No	Yes
<b>Test Strip Compatibility</b>	OneTouch Verio® test strips	OneTouch Verio® test strips	OneTouch Verio® test strips	OneTouch® Ultra® test strips	OneTouch® Ultra® test strips
<b>Languages</b>	Universal; OneTouch Reveal® mobile app – English	English and Spanish	English and Spanish	Universal	English and Spanish
<b>Testing Illumination</b>	No	High-resolution color display	Illuminated test-strip port and color LCD screen	No	Backlit display
<b>Memory (blood glucose and control solution results)</b>	500	500	750	500	500
<b>Meter Size (Inches H x W x D)</b>	2.05 x 3.38 x 0.63	3.15 x 2.04 x 0.99	3.46 x 1.85 x 0.47	4.25 x 1.26 x 0.67	3.12 x 2.25 x 0.90
<b>Battery</b>	CR2032 coin cell	Two replaceable AAA alkaline batteries	One rechargeable 3.7-volt lithium polymer battery	One 3.0-volt D.C., 60mA one CR 2032 battery	Two 3.0-volt D.C., 60mA two CR 2032 batteries
<b>Minimum Blood Sample Size (µL)</b>	0.4 µL	0.4 µL	0.4 µL	1.0 µL	1.0 µL
<b>Test Time (Seconds)</b>	5	5	5	5	5
<b>Coding</b>	No code required	No code required	No code required	Single code	Single code
<b>Bluetooth®</b>	Yes	No	No	No	No

Universal – Meter results displayed in numbers that can be understood across languages. This does not represent complete meter-specification information.

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Visit [OneTouch.com](http://OneTouch.com) for OneTouch Reveal® mobile app compatibility details.

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- You will need new prescriptions for the One Touch meter and test strips.
- To get your new One Touch meter and test strips you can...
  - 1) Have your Provider contact your pharmacy with new prescription(s) for the One Touch meter and/or test strips. The pharmacy will hold them until 8/1/17.
  - 2) Take the prescription(s) to the pharmacy to have them filled on or after 8/1/17: **or**
  - 3) Call CVS Caremark Diabetic Meter Program at 800-588-4456
    - a. You will need to tell the representative which meter has been prescribed. This program will ship a meter kit directly to you once they confirm you have a matching test strip prescription at the pharmacy (even if it is on “hold”).
- The J&J meters and their test strips are listed below:

One Touch Meter Name	Test Strips	Connectivity*
<b>Verio</b>	Verio	USB
<b>Verio IQ</b>	Verio	USB
<b>Verio Flex</b>	Verio	USB and Bluetooth
<b>Ultra2</b>	Ultra	
<b>Ultra Mini</b>	Ultra	

*\*Available free applications (apps) include One Touch Reveal Mobile and WellDoc/BlueStar.*

More info on One Touch Reveal app at <https://www.onetouch.ca/revealapp>

More info on WellDoc/Bluestar app at <https://www2.bluestardiabetes.com>

### **Important Reminders...**

- After 7/30/2017, more than 200 test strips per month will require Prior Authorization
- As always, you will have a zero (\$0) copay for any One Touch meter and strips
- If you have any difficulty using your meter or strips, call us at 1-800-730-8530 and ask for a Nurse Case Manager