

Blood Glucose Meter and Test Strips Notice

Starting on 8/1/2017, **One Touch** by Johnson and Johnson (J&J) will be the preferred covered blood glucose meters and test strips for CareFirst BlueCross BlueShield Community Health Plan Maryland members. You will not have to obtain a Prior Authorization for these meters and strips. The test strips will have a quantity limit of 200 strips every 30 days.

The Abbott Freestyle blood glucose meters and test strips will no longer be the preferred meters and strips after 7/30/2017.

If you are a member...

- You should discuss with your provider which is the best meter for you. There are five (5) different meters available. Here is a chart to compare the different One Touch meters.

Features of the OneTouch® blood glucose meter portfolio



ColorSure™ technology	Shows if results are in or out of range	Shows if results are in or out of range	Notifications for repeated highs and lows	No	No
Easy to Use	Yes	Yes	Yes	Yes	Yes
Meal Flagging	When paired with the OneTouch Reveal® mobile app	No	Yes	No	Yes
Test Strip Compatibility	OneTouch Verio® test strips	OneTouch Verio® test strips	OneTouch Verio® test strips	OneTouch® Ultra® test strips	OneTouch® Ultra® test strips
Languages	Universal; OneTouch Reveal® mobile app – English	English and Spanish	English and Spanish	Universal	English and Spanish
Testing Illumination	No	High-resolution color display	Illuminated test-strip port and color LCD screen	No	Backlit display
Memory (blood glucose and control solution results)	500	500	750	500	500
Meter Size (Inches H x W x D)	2.05 x 3.38 x 0.63	3.15 x 2.04 x 0.99	3.46 x 1.85 x 0.47	4.25 x 1.26 x 0.67	3.12 x 2.25 x 0.90
Battery	CR2032 coin cell	Two replaceable AAA alkaline batteries	One rechargeable 3.7-volt lithium polymer battery	One 3.0-volt D.C., 60mA one CR 2032 battery	Two 3.0-volt D.C., 60mA two CR 2032 batteries
Minimum Blood Sample Size (µL)	0.4 µL	0.4 µL	0.4 µL	1.0 µL	1.0 µL
Test Time (Seconds)	5	5	5	5	5
Coding	No code required	No code required	No code required	Single code	Single code
Bluetooth®	Yes	No	No	No	No

Universal – Meter results displayed in numbers that can be understood across languages. This does not represent complete meter-specification information.

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Visit OneTouch.com for OneTouch Reveal® mobile app compatibility details.

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- You will need new prescriptions for the One Touch meter and test strips.
- To get your new One Touch meter and test strips you can...
 - 1) Have your Provider contact your pharmacy with new prescription(s) for the One Touch meter and/or test strips. The pharmacy will hold them until 8/1/17.
 - 2) Take the prescription(s) to the pharmacy to have them filled on or after 8/1/17: **or**
 - 3) Call CVS Caremark Diabetic Meter Program at 800-588-4456
 - a. You will need to tell the representative which meter has been prescribed. This program will ship a meter kit directly to you once they confirm you have a matching test strip prescription at the pharmacy (even if it is on “hold”).
- The J&J meters and their test strips are listed below:

One Touch Meter Name	Test Strips	Connectivity*
Verio	Verio	USB
Verio IQ	Verio	USB
Verio Flex	Verio	USB and Bluetooth
Ultra2	Ultra	
Ultra Mini	Ultra	

**Available free applications (apps) include One Touch Reveal Mobile and WellDoc/BlueStar.*

More info on One Touch Reveal app at <https://www.onetouch.ca/revealapp>

More info on WellDoc/Bluestar app at <https://www2.bluestardiabetes.com>

Important Reminders...

- After 7/30/2017, more than 200 test strips per month will require Prior Authorization
- As always, you will have a zero (\$0) copay for any One Touch meter and strips
- If you have any difficulty using your meter or strips, call us at 1-800-730-8530 and ask for a Nurse Case Manager

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